

***Resource Guide for Substance Use and  
Tobacco Cessation***

***St. Anthony Hospital***

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## **Tobacco Cessation Programs**

**American Lung Association:** 1-800-LUNG-USA (586-4872)

<http://www.freedomfromsmoking.org/>

Provides free phone and online chat support.

**Colorado QuitLine:** 1-800-QUIT-NOW (784-8669)

[www.coquitline.org/](http://www.coquitline.org/)

Free coaching, nicotine patches and medications.

Programs also available for teens 15 and above, pregnant women, and Spanish-speakers.

**Denver Health Tobacco Cessation Clinic:** (303) 602-3499

301 6<sup>th</sup> Avenue, Denver, CO 80204

<http://www.denverhealth.org/public-health-and-wellness/tobacco-cessation-clinic>

**Services covered by Medicare, Medicaid, and Denver Health insurance plans.**

**Cessation Clinics located at:**

***\*Spanish interpreters on-site***

1. Intensive Outpatient Clinic - Denver Health Main Campus – 303-602-3499  
301 6th Avenue, Denver, CO 80204
2. Montbello Family Health Center - 303-602-4000  
12600 E. Albrook Dr., Denver, CO 80239
3. Parkhill Family Health Center - 303-602-3720  
4995 E. 33rd Ave., Denver, CO 80207
4. Pena Southwest Family Health Center - 303-602-0000  
1339 S. Federal Blvd., Denver, CO 80219
5. Sam Sandos Westside Family Health Center - 303-436-4200  
1100 Federal Blvd., Denver, CO 80204

**Enough With the Puff - free online resource for Coloradans**

Geared toward younger smokers.

<http://enoughwiththepuff.com/>

**Free Phone Apps:**

1. Livestrong MyQuit Coach
2. Kwit
3. Quit It Lite
4. Quit Now!
5. Quit Smoking - My Last Cigarette
6. Quit That!
7. Quit Smoking Hypnosis
8. Smoke Free
9. This Is Quitting - From the CO Dept of Public Health and Education

### **Free Workbook:**

**"Journey to a Smoke-Free Life: A Workbook to Help You Succeed"**

by UPMC Health System:

<https://www.upmchealthplan.com/pdf/Journeytoasmokefreelife.pdf>

(Hard copy available upon request.)

### **Kaiser Permanente: 1-866-862-4295**

(Monday through Friday, 9 a.m. to 10 p.m. ET)

<https://healthy.kaiserpermanente.org/> (Search for smoking cessation in your area.)

- **Wellness Coaching: (866) 862-4295**  
**Free for Kaiser members.**
- **Quit Smart: 404-365-0966, free for anyone**  
Four-week program, meeting once a week for approximately 1.5 to 2 hours. Quit Smart is no cost and available to non-members; however, the class schedule is variable. Please check for availability by calling the Health Line at 404-365-0966.

### **National Cancer Centers: 1-877-44U-QUIT (448-7848)**

The National Cancer Institute's trained counselors are available to provide information and help with quitting in English or Spanish, Monday through Friday, 8:00 am to 8:00 pm Eastern Time.

### **SmokeFree.gov: <https://smokefree.gov/>**

Free online chat help. This site has specific resources/tips for all demographics, including: SmokefreeVet, SmokefreeWomen, SmokefreeTeen, SmokefreeEspañol, Smokefree60+

### **St. Anthony Hospital Tobacco Cessation Program: (720) 321-8312**

Cardiac and Pulmonary Rehabilitation Center

11600 W. 2nd Place, Lakewood, CO 80228

Cost for three individual, 60-minute sessions is \$90.

## **In/Outpatient Resources**

**AllHealth Network:** (303) 730-8858; 24/7 Crisis intervention: (303) 730-3303

Multiple locations/services in Arapahoe and Douglas counties, including Littleton, Englewood, Parker and Castle Rock

**Website:** <http://www.allhealthnetwork.org/>

**Services Provided:** Substance abuse treatment, Buprenorphine services, mental health services

**Type of Care:** Outpatient

**Special Programs/Groups:** Persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women, women

**Forms of Payment Accepted:** Self-payment, Medicaid, Medicare, private health insurance, military insurance (e.g., VA, TRICARE), Access to Recovery

**ARTS (Addiction Research and Treatment Services) -  
University of Colorado:** (303) 336-1600

**Website:** [www.artstreatment.com](http://www.artstreatment.com)

**Services Provided:** Substance abuse treatment, medication-assisted therapy

**Types of Care:** Outpatient, partial hospitalization/day treatment, residential

**Special Programs/Groups:** Adolescents, persons with co-occurring mental and substance abuse disorders, criminal justice clients, men's programs, women's programs; childcare options

**Forms of Payment Accepted:** Self-payment, Medicaid, Access to Recovery

**Payment Assistance:** Sliding fee scale (fee is based on income and other factors)

**Special Language Services:** ASL or other assistance for hearing impaired, Chinese, Spanish

**Multiple locations/services, including:**

**ARTS Administration (contact first for general information)**

3738 W. Princeton Circle

Denver, CO 80236

303-336-1600

[arts.intake@ucdenver.edu](mailto:arts.intake@ucdenver.edu)

**Haven Administration**

***Women's Residential***

3732 W. Princeton Circle

Denver, CO 80236

303-734-5000

**Peer I Administration**

***Men's Residential***

3762 W. Princeton Circle

Denver, CO 80236

303-761-2885

**Synergy Administration**

***Adolescent Services***

3680 W. Princeton Circle

Denver, CO 80236

303-781-7875

**ARTS Parkside Clinic**

***Adult Outpatient and Medication Assisted Treatment (MAT) Services***

1620 Gaylord Street  
Denver, CO 80206  
303-388-5894

**Potomac Street Center**

***Adult Outpatient and MAT Services***

1330 South Potomac Street  
Suite 104  
Aurora, CO 80012  
303-283-5991

**Westside Center for Change**

**Office-Based Opioid Treatment (Suboxone and Buprenorphine)**

***Adult Outpatient and MAT Services***

6303 Wadsworth Bypass  
Arvada, CO 80003  
303-935-7004

**Innovative Recovery Clinic**

***Adult Outpatient Services***

2925 East Colfax Avenue  
Denver, CO 80206  
303-388-8191

**Specialized Outpatient Services**

***Adult Outpatient Services***

1648 Gaylord Street  
Denver, CO 80206  
303-333-4288

**Aurora Mental Health Center: (303) 617-2300, 8am - 5pm**

**Website:** <http://www.aumhc.org/>

**Services Provided:** Services for children, adolescents, and families, adults and older adults; life coaching and wellness classes, TRUST project (Treatment, Recovery, and Understanding for Survivors of Trauma), case management services, faith-based programs, offenders programs and several residential treatment programs, homelessness

**Types of Care:** Outpatient, individual therapy, group and individual residential programs

**Special Language Services:** Spanish-speaking counseling

**Forms of Payment Accepted:** Medicare, Medicaid, and a variety of 3rd party private insurances

**Payment Assistance:** Sliding fee scale (fee is based on income and other factors)

**\*For immediate assistance, go to one of the 2 Connect to Care Centers - (walk-ins accepted):**

**North**

791 Chambers Road, Suite 220  
Aurora, CO 80011  
303-617-2300

**Monday-Thursday:** 8 am – 7 pm

**Friday:** 8 am – 5 pm

**South**

11059 East Bethany Drive  
Aurora, CO 80014  
303-617-2300

**Monday-Thursday:** 8 am – 7 pm

**Friday:** 8 am – 5 pm

**Boulder Integrated Health: (720) 739-6500**

311 Mapleton Ave., Boulder, CO 80304

**Website:** <http://boulderintegratedhealth.com/location/>

**Services Provided:** Drug and alcohol detox, case management, family and group processing.

**Type of Care:** Outpatient

**Forms of Payment Accepted:** Private pay and out-of-network private insurance

**Centennial Peaks Hospital: (303) 673-9990**

2255 S. 88th Street, Louisville, CO 80027

**Website:** <http://www.centennialpeaks.com/>

**Services Provided:** Services for adults and adolescents in Colorado who are struggling with mental illness or chemical dependency (substance abuse), dual diagnosis treatment for those struggling with mental illness and drug & alcohol addiction

**Types of Care:** Inpatient and outpatient

**Special Programs/Groups:** Acute inpatient, inpatient detoxification, partial hospitalization and intensive outpatient

**Payment Assistance:** Centennial Peaks Hospital offers financial assistance to those who have been determined to meet the qualification guidelines. Uninsured patients will be offered a financial assessment to determine qualification. Qualified individuals are defined by the following requirements: uninsured, income not more than 250% poverty level, and unable to access the indigent care program for services. Financial counselors can be reached at (303) 666-2021.

\*Most major insurances accepted.

**Colorado Coalition for the Homeless: (303) 293-2217**

25 East 16th Avenue, Denver, CO 80202

**Website:** [www.coloradocoalition.org](http://www.coloradocoalition.org)

**Services Provided:** Substance abuse treatment, mental health services, halfway house

**Special Programs/Groups:** Co-occurring mental and substance abuse disorders, women, men, criminal justice clients, immigrants

**Forms of Payment Accepted:** Medicaid, Medicare, state-financed insurance (other than Medicaid)

**Payment Assistance:** Payment assistance (check with facility for details)

**Special Language Services:** Spanish

**Colorado Crisis Services: 1-844-493-8255 or text "TALK" to 38255**

**Website:** <http://coloradocrisiservices.org>

**Services Provided:** Statewide resource for mental health, substance use, or emotional crisis help, information, and referrals (non-English translation services available). Walk-in services are also available 24/7 (some locations include beds for 1-5 days.) Metro Denver locations include:

**Westminster:**

2551 W 84th Avenue, Westminster, CO 80031

**Boulder:**

3180 Airport Road, Boulder, CO 80301

**Lakewood:**  
12055 W 2nd Place, Lakewood, CO 80228

**Denver:**  
4353 E Colfax Avenue, Denver, CO 80220

**Littleton:**  
6509 S Santa Fe Drive, Littleton, CO 80120

**Aurora:**  
2206 Victor Street, Aurora, CO 80045

**Community Reach Center: (303) 853-3500;**

Emergency services: 1-844-493-8255; 24 hours/day, 7 days/week  
Multiple locations, including: 8931 Huron Street, Thornton, CO 80260

**Website:** <http://www.communityreachcenter.org/>

**Services Provided:** Community Reach Center offers a comprehensive array of therapeutic services for children, teens, adults, and seniors. Services are proven to bring relief and recovery to those who have been troubled by trauma, substance abuse, broken relationships, grief, loss, or any sort of emotional impairment.

**Types of Care:** Residential programs and outpatient services; detox services are available 24/7 at 7373 Birch St., Commerce City, CO

**Forms of Payment Accepted:** Medicare, Medicaid, and many private insurance options

**Special Programs/Groups:** A care team is assembled based on each client's individual needs, and may include any or all of the following: team leader, case manager, substance abuse specialist, counselor, physician/psychiatrist, nurse, vocational counselor, housing specialist or criminal justice specialist. They also offer a community prescription drug disposal program and career counseling.

**Comprehensive Behavioral Health Center: (720) 398-9666**

2217 Champa Street, Denver, CO 80205

**Website:** <http://comprehensivebhc.com/>

**Services Provided:** Services designed for people experiencing opioid addictions. Comprehensive program includes medication maintenance treatment and individual and group counseling.

**Type of Care:** Outpatient

**Forms of Payment Accepted:** Private pay and Medicaid

**Crossroads' Turning Points, Inc.: 1-800-304-3758 or 719-546-6666**

Serving all of Southern Colorado

**Main Office**

4 Montebello Road  
Pueblo, CO 81001

**For Females only (and those identifying as female)**

**Website:** <http://www.crossroadstp.org/wordpress/>

**Services:** Intensive inpatient and outpatient treatment, transitional residential, medication-assisted treatment (Methadone, Suboxone), co-occurring mental health and substance use treatment, DUI classes

**More Info about philosophy of care ("STAR-TC")** [http://www.crossroadstp.org/wordpress/wp-content/uploads/2014/06/pueblo\\_baltimore\\_star-tc.pdf](http://www.crossroadstp.org/wordpress/wp-content/uploads/2014/06/pueblo_baltimore_star-tc.pdf)

**Forms of Payment:** Medicaid and private pay (no private insurance accepted)

**Residential services at Baltimore Avenue location:**

3470 Baltimore Ave.  
Pueblo, CO 81008



## **Denver Health and Hospital Authority Behavioral Health**

**Services:** Inpatient: (303) 602-6890; Outpatient: (303) 436-6388

777 Bannock Street, Unit 9, Denver, CO 80204

**Website:** <http://www.denverhealth.org/medical-services/mental-health-and-addiction-services>

**Primary Focus:** Mix of mental health and substance abuse services

**Services Provided:** Substance abuse treatment, methadone maintenance, buprenorphine services, mental health services. Detox services provided at 1155 Cherokee St., Denver, 80204 (303-436-3500.)

**Types of Care:** Inpatient, outpatient, detox, residential

**Special Programs/Groups:** Adolescents, persons with HIV/AIDS, LGBT, pregnant/postpartum women, women, men, DUI/DWI offenders, criminal justice clients

**Forms of Payment Accepted:** Self-payment, Medicaid, private health insurance, Access to Recovery

**Special Language Services:** ASL or other assistance for hearing impaired, Spanish

## **Denver Rescue Mission, New Life Program: (303) 297-1815**

3501 E. 46<sup>th</sup> Avenue, Denver, CO 80216

Multiple locations/programs, including: The Crossing (men), Champa House (single mothers) and Harvest Farm (men), Fort Collins Rescue Mission (women and men)

**Website:** <http://www.denverrescuemission.org/life-changing-rehabilitation-program>

**Services Provided:** Spiritual, emotional, and addictions counseling with academics, bible study, case management and work therapy into a curriculum that lasts 12-27 months

**Type of Care:** Inpatient

**Special Programs:** Spiritual development, case management, Christian counseling, life skills education and work therapy

**Forms of Payment Accepted:** Basic needs are met for free, but long-term programs like Harvest Farm exchange work for skills-building, support, and housing.

## **Denver Springs: 720-744-3813**

8835 American Way, Englewood, CO 80112

**Website:** <http://www.denversprings.com/>

**Services Provided:** Mental health and/or substance use treatment for adolescents and adults.

Individualized planning/programming and standardized treatment curriculums. Full medical treatment team including primary therapist/counselor and recreation/expressive therapist.

**Types of Care:** Inpatient, intensive outpatient, partial hospitalization

**Payment accepted:** Colorado Access Medicaid, Medicare, and most private insurances (check with them for current in-network contracts.)

## **The Empowerment Program, Inc. (women only): (303) 320-1989**

1600 York Street, Suite 201, Denver, CO 80206

**Website:** <http://empowermentprogram.org/>

**E-mail:** [empower-info@empowermentprogram.org](mailto:empower-info@empowermentprogram.org)

**Services Provided:** Education, employment assistance, health, housing referrals and support services to women who are in disadvantaged positions due to incarceration, poverty, homelessness, HIV/AIDS or involvement in the criminal justice system

**Type of Care:** Outpatient

**Special Programs:** Intensive outpatient case management, drug/alcohol treatment services, mental health services, trauma therapies, dual-diagnosed services

**Forms of Payment Accepted:** All services listed are free and open to women who are enrolled into the program.

**Jefferson Center for Mental Health: (303) 425-0300**

70 Executive Center, 4851 Independence Street, Wheat Ridge, CO 80033

**Website:** [www.jcmh.org](http://www.jcmh.org)

**Services Provided:** Substance abuse treatment, mental health services

**Type of Care:** Outpatient

**Special Programs/Groups:** Persons with co-occurring mental health and substance abuse disorders, veteran/military, families

**Forms of Payment Accepted:** Self-payment, Medicaid, Medicare (must be living in Jefferson County), private health insurance, military insurance (e.g., VA, TRICARE), Access to Recovery

**Mental Health Center of Denver: (303) 504-7900; Intake: (303) 504-1250**

Various locations, including: 4455 E 12th Avenue, Denver, CO 80220

**Website:** <http://www.mhcd.org>

**Services Provided:** Substance abuse treatment, buprenorphine services, mental health services, case management, employment and educational services

**Types of Care:** Outpatient, residential (inpatient)

**Special Programs/Groups:** Persons with co-occurring mental health and substance use disorders, homeless, criminal justice-involved individuals

**Forms of Payment Accepted:** Self-payment, Medicaid, Medicare, private health insurance, Access to Recovery

**Payment Assistance:** Sliding fee scale (fee is based on income and other factors)

**Mental Health Partners: (303) 443-8500**

3180 Airport Rd., Boulder, CO 80301

**Website:** <http://www.mhpcolorado.org/Home.aspx>

**Services Provided:** Addiction recovery services including: intensive services, teen programs, DUI programs, suboxone clinic, outpatient adult services and specialized women's services

**Forms of Payment Accepted:** Medicaid, Medicare, private insurance

**Payment Assistance:** Some payment assistance options available; call to discuss.

**Mile High Behavioral Healthcare: (303) 825-8113**

4242 Delaware Street, Denver, CO 80216

**Website:** <http://www.milehighbehavioralhealthcare.org>

**Services Provided:** Substance abuse treatment and mental health services

**Type of Care:** Outpatient

**Special Programs/Groups:** Persons with co-occurring mental and substance use disorders, persons with HIV/AIDS, LGBT, seniors/older adults, pregnant/postpartum women, women, men, DUI/DWI offenders, criminal justice clients, homeless

**Forms of Payment Accepted:** Self-payment, Medicaid, state-financed insurance (other than Medicaid), private health insurance, Access to Recovery

**Payment Assistance:** Sliding fee scale (fee is based on income and other factors)

### **North Range Behavioral Health: (970) 347-2120**

Multiple locations, including: Crisis Services at 928 12<sup>th</sup> Street, Greeley, CO 80631

**Website:** <http://www.northrange.org/>

**Services Provided:** Crisis, residential, detox, drug testing, substance abuse treatment

**Forms of Payment Accepted:** Self-pay, private insurance, Medicaid, Medicare, CHP+; payment assistance

**Payment Assistance:** Offered for qualifying clients. Must bring proof of income to your first appointment if you are seeking payment assistance.

### **Peaceful Spirit (Southern Ute Community Action Programs): (970) 563-4555**

296 Mouache Drive, Ignacio, CO 81137

**Website:** <http://sucap.org/peaceful-spirit/>

**Services Provided:** Residential treatment, outpatient counseling, aftercare

**Special Programs/Groups:** DUI/DWI therapy, 12-step study, groups for alcohol or narcotics addictions, equine therapy, yoga, Native American spiritual and cultural practices, cognitive behavioral therapies

**Forms of Payment Accepted:** Private pay only

### **Porter Adventist Hospital, Center for Behavioral Health: (303) 778-5774**

2426 S. Downing, Denver, CO 80210

**Website:** <https://www.centura.org/locations/porter-adventist-hospital/medical-services/Behavioral-Health-Services/Centre-for-Behavioral-Health>

**Services Provided:** Individual and family counseling for adults, teens, and children; psychiatric medication management; intensive inpatient services; intensive outpatient group and individual therapy. Curriculum incorporates 12-Steps, dialectical behavioral therapy and cognitive behavioral therapy.

**Forms of Payment Accepted:** Medicaid accepted for intensive outpatient program only. Most major private insurances accepted for all other services.

### **Recovery Village at Palmer Lake: (844) 903-1661**

443 South Highway 105, Palmer Lake, CO 80133

**Website:** <https://www.palmerlakerecovery.com/>

**Services Provided:** Inpatient and outpatient substance abuse treatment, medical detox, treatment for dual-diagnosis clients

**Forms of Payment Accepted:** No Medicare/Medicaid accepted. Most private insurance accepted - full list offered at <https://www.palmerlakerecovery.com/admissions/>.

### **Sandstone Care Addiction and Treatment Center: (202) 816-7435**

\*For young adults (18-30) and teens (13-18)

Available 7 days/week

**Website:** <https://www.sandstonecare.com>

**Services Provided:** Day treatment, intensive outpatient and outpatient treatment; several sober living locations

**Types of Care:** Individual and family therapy, mindfulness training, Brain & Body Trauma assessment, Somatic Symptom assessment, weekly recreation, nutrition planning

**Forms of Payment accepted:** No Medicare/Medicaid. Most Private Insurances accepted.

**Denver Location:**

2100 S. Cherry St. #204  
Denver, CO 80222

**Boulder Location:**

350 Interlocken Blvd. #100  
Broomfield, CO 80021

**Servicios de la Raza: (303) 953-5910**

3131 W. 14<sup>th</sup> Avenue, Denver, CO 80204

**Website:** <http://serviciosdelaraza.org>

**Services Provided:** Mental and behavioral health needs, including substance abuse

**Types of Care:** Therapy, psychiatric services, medication management

**Special Programs/Groups:** Women, men

**Forms of Payment Accepted:** Medicaid

**Payment Assistance:** Payment assistance (check with facility for details.)

**Special Language Services:** Spanish

**Step Seven: (303) 840-0006 or (888) 330-1931**

18632 Pony Express Dr., Parker, CO 80134

**Website:** <http://www.stepseven.org/>

**Services Provided:** A Christian-based seven-step program for people recovering from addictions of any kind. Men's groups are held Tuesday and Thursday nights. They also have sober living homes (call for further information and an interview.)

**Forms of Payment Accepted:** Private pay for rent/utilities at sober living home. Groups are free to attend.

**The Substance Abuse and Mental Health Services Administration (SAMHSA)**

**24 Hour Help Hotline: (800) 662-HELP (4357)**

**Website:** [www.samhsa.gov](http://www.samhsa.gov)

This organization works to improve the quality and availability of substance abuse prevention, alcohol and drug addiction treatment, and mental health services. They do not provide direct services but do link to resources to help you find treatment. SAMHSA also maintains a database of opioid treatment programs, which can be accessed here: <http://dpt2.samhsa.gov/treatment/directory.aspx>

**University Park Detox and Assessment: (844) 218-6951**

**Medical detox and Two-week residential treatment center**

2102 University Park Boulevard, Colorado Springs, Colorado 80918-3678

**Website:** <https://universityparkbh.com/>

**Services Provided:** Medically supervised detox from alcohol, drugs, and prescription pills.

**Forms of Payment Accepted:** No Medicaid/Medicare. Most private insurances accepted. Check with the facility for current in-network provider contracts.

**Veteran's Affairs Eastern Colorado Health Care System: (303) 399-8020 x. 2882 or (888) 336-8262**

1055 Clermont Street, East Wing, 3<sup>rd</sup> Floor, Denver, CO 80220

**Website:** <http://www.denver.va.gov/>

Substance Abuse Treatment Program (SATP): Enrollment clinic-Monday-Friday 8 am-1:30 pm (meet with provider for about 30 minutes.)

**Services Provided:** Mix of individual and group therapy

**West Pines Behavioral Health-Lutheran Medical Center: (303) 467-4080**

3400 Lutheran Parkway, Wheat Ridge, CO 80033

**Website:** <http://www.westpinesrecovery.org/>

**Services Provided:** Addiction care and psychiatric care

**Types of Care:** Inpatient, outpatient and aftercare

**Special Programs/Groups:** Addiction care, psychiatric care, medication management

**Forms of Payment Accepted:** Most insurance carriers, private pay, Medicare (does not include residential treatment) and Medicaid (does not include residential treatment)

## **Twelve Step Programs**

### **Al-Anon/Alateen In Colorado:**

Website: <http://www.al-anon-co.org/>

### **Alcoholics Anonymous In Colorado:**

Website: [www.coloradaa.org](http://www.coloradaa.org)

### **Denver Area Central Committee of Alcoholics Anonymous: 303-322-4440 (24-hour Hotline)**

Website: [www.daccaa.org/](http://www.daccaa.org/)

### **Narcotics Anonymous Colorado:**

Metro Denver Help Line: (303) 832-DRUG (3784)

Website: [www.nacolorado.org/](http://www.nacolorado.org/)

### **AA “Free-Thinkers”: a non-spiritual/secular 12-step program**

Locations throughout Colorado.

<http://www.freethinkersinaa.org/>

#### **Denver Location and Contact:**

“The Secular Hub”

3100 Downing St.

Denver, CO 80205

Contact: [freethinkersinaa@gmail.com](mailto:freethinkersinaa@gmail.com)

Open meeting times:

Monday, 6:30pm - 7:45pm

Saturday, 9:30am - 10:45am

## **Sliding Scale/Low-Cost Residential Treatment Programs**

### **180 Ministries: (303) 985-1776**

Multiple locations; main administration at 3333 S Bannock St, Ste. 700, Englewood, CO 80110

**Website:** <https://www.180ministries.net/get-help/>

**Services Provided:** Long term residential rehab patterned off 12-step programs. Residency typically lasts one year but is case-specific. The Christian recovery approach addresses the total person's spiritual, mental, physical, social, and educational needs.

**Type of Care:** Long-term residential

**Special Programs/Groups:** Men, women, women with children, girls

**Forms of Payment Accepted:** Most insurance carriers, private pay, Medicare (does not include residential treatment) and Medicaid (does not include residential treatment)

### **ARTS - The Haven-Residential Treatment (for women, mothers and their children): (303) 734-5000**

3732 W. Princeton Circle, Denver, CO 80236

**Website:** [www.artstreatment.com](http://www.artstreatment.com)

### **ARTS - Peer I-Men's Residential Treatment: (303) 761-2885**

3762 W. Princeton Circle, Denver, CO 80236

**Website:** [www.artstreatment.com](http://www.artstreatment.com)

### **Center of Hope/New Hope Ministries: (303) 935-1276-Women's program; (303) 935-7746-Men's program**

875 S Sheridan Blvd, Lakewood, CO 80226

**Website:** <http://www.nhmofdenver.com/>

**Services Provided:** Substance use treatment for men and women

**Types of Care:** Residential long-term treatment (more than 30 days), outpatient

**Special Programs/Groups:** Women and men

**Payment Assistance:** Free

### **Denver CARES: (303) 436-3500**

1155 Cherokee St., Denver, CO 80204

**Website:** <http://www.denverhealth.org/medical-services/mental-health-and-addiction-services/our-services/denver-cares-detox-and-drug-and-alcohol-rehab>

**Services Provided:** Comprehensive Addictions Rehabilitation and Evaluation Services (CARES) for individuals detoxing from alcohol or drugs. Provides assessment, education, motivational counseling, 12-step support groups, and referrals.

**Types of Care:** Residential/inpatient (60-90 days)

**Insurance:** Medicaid only

## **Denver Indian Health and Family Services: (303) 953-6600**

2880 W. Holden Place, Denver, CO

**Website:** <http://www.dihfs.info/>

**Services Provided:** Individual and group substance use treatment services. Additional behavioral health, medical, and dental services also available.

**Types of Care:** Inpatient, outpatient, some residential options for youth and adults

**Insurance:** Native Americans pay no fee for most services. They also accept Medicaid and some private insurances.

## **Providence Network: (303) 860-8404**

801 Logan St., Denver, CO 80203

**Website:** <http://www.providencenetwork.org/>

**Services Provided:** The Providence Network is a faith-based, 18-bed transitional house for single men and women. Residency includes case management, counseling, recovery and support groups, community activities and shared house responsibilities.

**Type of Care:** Residential sober living homes

**Forms of Payment Accepted:** Rent runs roughly 30-40% of Area Median Income

## **Salvation Army, Adult Rehab: (303) 294-0827**

4751 North Broadway, Denver, CO 80216

**Website:** <https://denverarc.salvationarmy.org>

**Services Provided:** Free inpatient substance use treatment and skills-building for men and women 18 years of age and older. Clients must work for the Salvation Army at that time, collecting and reprocessing donated goods. Treatment is in the evenings after work. The program is 12-Step based and has mandatory church services twice a week. Interested clients may walk in during intake hours (8am–11am Monday–Friday,) with required documents (two forms of ID required: photo ID, Social Security card or birth certificate.) Clients must be able to pass a urine test and blood alcohol screen and not test positive for tuberculosis.

**Type of Care:** Residential long-term treatment (more than 30 days)

**Special Programs/Groups:** Women, men

**Payment Assistance:** Payment in the form of work.

## **Salvation Army, Harbor Light (men only): (303) 296-2456**

2136 Champa St. (corner of Champa and Broadway), Denver, CO 80205

(Intake coordinator: (720) 305-5670)

**Website:** [http://www.intermountain.salvationarmy.org/intermountain/harbor\\_light](http://www.intermountain.salvationarmy.org/intermountain/harbor_light)

**Services Provided:** For unemployed men. Clients must have carried out prior inpatient substance abuse treatment. The program operates in 3 phases, the first of which consists of 3 months of daily classes, including 1 hour of bible study and church on Sundays. Next comes Phase 2 (typically 3 months), when the men work on vocational and spiritual growth. In Phase 3, the residents have the ability to move into transitional housing for up to 2 years while working toward financial stability.

**Type of Care:** Residential long-term treatment (more than 30 days)

**Payment Assistance:** Payment in the form of work.



**Sobriety House Inc: (303) 722- 5746**

121 Acoma Street, Denver, CO 80223

**Website:** <http://www.sobrietyhouse.org>

**Services Provided:** Sobriety House offers a full continuum of care, from intensive residential, transitional residential, outpatient, independent sober living and 12-step meetings. Each client is assessed individually for the appropriate level of care to meet their needs. Clients can then transition to additional levels of care seamlessly and without wait.

**Types of Care:** Residential short-term treatment (30 days or less), residential long-term treatment (more than 30 days), outpatient

**Special Programs/Groups:** 3-Phase program serves both men and women in recovery

**Forms of Payment Accepted:** Self-payment, private health insurance, Access to Recovery, Medicaid (some restrictions apply)

**Payment Assistance:** Sliding Scale to those who live in Adams, Arapahoe, Boulder, Douglas, Denver, Clear Creek, Gilpin or Jefferson counties

**Stout Street Foundation: (866) 722-7040**

7251 East 49th Avenue, Commerce City, CO 80022

**Website:** <http://www.STOUTSTREET.org>

**Services Provided:** Substance abuse treatment

**Types of Care:** Serenity at Stout Street is residential short-term treatment (30 days or less) for men and women. The Stout Street Foundation is a 2-3 year residential treatment program where residents attend therapeutic classes.

**Special Programs/Groups:** Women, men, criminal justice clients (strict criteria)

**Forms of Payment Accepted:** Self-payment, Private Insurance, Access to Recovery

## **Insurance and Private Pay Residential Programs**

### **Aspen Ridge Recovery: (877) 736-9727**

900 South Kipling Parkway, Lakewood, CO 80226

**Website:** <http://www.aspenridgerecovery.com/>

**Services Provided:** Sober living homes for those addicted to alcohol, cocaine, crack, heroin, prescription drugs, methamphetamine, marijuana, spice, and hallucinogens

**Special Programs/Groups:** Co-occurring mental illness, 12-step meetings, individual and group therapy

**Forms of Payment Accepted:** Private insurance

### **CeDAR (Dependency, Addiction, and Rehabilitation): (720) 848-3000**

1693 N Quentin St., Aurora, CO 80045

**Website:** [www.cedarcolorado.org](http://www.cedarcolorado.org)

**Services Provided:** Comprehensive care for individuals over age 18 who struggle with drug and alcohol abuse. They offer evaluation, detoxification, residential treatment and family week programs, as well as outpatient programs, aftercare groups and psychiatric services. Special addiction rehab services are available for healthcare and other professionals.

**Types of Care:** Assessment and evaluation, residential treatment, outpatient treatment services, residential extended care, healthcare and other professional treatment, family program (support services)

**Forms of Payment Accepted:** Most major insurances and private pay

### **Harmony Foundation Inc: (866) 686-7867**

1600 Fish Hatchery Rd., Estes Park, CO 80517

**Website:** [www.harmonyfoundationinc.com](http://www.harmonyfoundationinc.com)

**Services Provided:** Foundation for sustained recovery from the diseases of alcohol and drug addiction.

**Types of Care:** Medical care and detox, men's 30-day residential stay, women's 30-day residential stay, Recommitment to Recovery (RCR) 14-Day Residential Stay, Young Adult Recovery Track (YART), family program, aftercare program, and alumni network

**Forms of Payment Accepted:** Private full pay (25% discount with this option), private partial pay (12% interest), private insurance; (no Medicaid coverage)

### **Inner Balance Health Center: (800) 900-2252**

1414 W. 28<sup>th</sup> St., Loveland, CO 80538

**Website:** <http://www.innerbalancehealthcenter.com/>

**Services Provided:** Holistic alcohol and drug addiction treatment. Combination therapy addresses nutrition, genetics, and biochemical imbalances.

**Types of Care:** Brief residential (28 days)

**Forms of Payment Accepted:** Private pay, private insurance

### **New Beginnings Recovery Center: (720) 473-7106**

191 East Orchard Rd., #B, Littleton, CO 80121

**Website:** <http://newbeginningsrecoverydenver.com>

**Services Provided:** Opioid, drug, and alcohol treatment

**Types of Care:** Inpatient and outpatient recovery therapy, supplemental care and services (including DUI classes), and sober living options

**Forms of Payment Accepted:** Private insurance (limited financial assistance available)

**Red Rock Recovery Center: (855) 398-6004**

12567 West Cedar Drive, Lakewood, CO 80228

**Website:** <https://redrockrecoverycenter.com>

**Services Provided:** Comprehensive drug and alcohol treatment and education. Treatment focuses on 12-step recovery process and includes skills trainings and long-term sobriety planning. Treatment options include individual and group therapy, as well as intensive family therapy.

**Types of Care:** Outpatient and some residential sober living homes

**Forms of Payment Accepted:** Private insurance

**The Rose House: (888) 398-4111 (women only)**

P.O. Box 270416, Louisville, CO 80027

**Website:** <http://www.rosehousecolorado.com/>

**Services Provided:** The Rose House is an extended care, residential addiction treatment program for women in Colorado. They have a 16 bed, luxury facility, and provide intensive therapy, relapse prevention and life skill development to maintain long term sobriety.

**Types of Care:** Group and individual therapy, 12-step programs, equine therapy and nightly community AA meetings

**Forms of Payment Accepted:** Out-of-network provider for most private insurance PPO plans

**Shadow Mountain Recovery: (866) 787-6699**

Several locations in Colorado (Colorado Springs), New Mexico, and Utah

**Website:** <http://shadowmountainrecovery.com/>

**Services Provided:** Inpatient and outpatient substance abuse services including medical detox and gender-specific assessment and treatment

**Forms of Payment Accepted:** Private insurance

**Valley Hope Association:**

(303) 694-3829 7108 S Alton Way, Bldg. A, Centennial, CO 80112 **OR**

(303) 841-7857 22422 East Mainstreet, Parker, CO 80134

**Website:** <http://www.valleyhope.org/>

**Services Provided:** A variety of drug and alcohol treatment services, including medically monitored detox, residential, day/partial, outpatient and continuing care. Family participation is encouraged as treatment is framed as a healing experience for families. The centers also offer online support.

**Type of Care:** Traditional residential, step-down, and outpatient treatments; continuing care

**Forms of Payment Accepted:** Private insurance

**Payment Plans:** Automatic payment plans, graduated payment plans, patient aid, loan agreements and cash discounts

## **Transitional Housing/Substance Abuse Programs**

### **Denver Rescue Mission-Harvest Farm: (970) 568-9803 (men only)**

4240 E. County Road 66, Wellington, CO 80549

**Website:** <https://www.harvestfarm.net/>

**Services Provided:** This rehabilitation center for men is a long-term program with the goal of breaking the cycle of addiction and homelessness. They combine academics, life skills classes, bible study, work therapy, and Christian counseling in a curriculum extending up to 27 months.

**Forms of Payment Accepted:** Participation in farm duties counts as payment towards services.

### **Harbor House Clinic-Homeward Pikes Peak: (719) 473-5557**

606 South Tejon Street, Colorado Springs, CO 80903

**Website:** <http://www.homewardpp.org/>

**Services Provided:** Housing/sober living for the homeless and veterans, outpatient substance abuse (specializing in women's services for pregnant and postpartum women)

**Type of Care:** Both residential and outpatient options

**Payment Assistance:** Will assist regardless of ability to pay.

### **New Genesis: (303) 881-0953**

1680 Sherman St., Denver, CO 80203

**Website:** <http://www.newgenesis.org>

**Services provided:** Housing/sober living, including job maintenance and care management. Residents are required to be substance free and hold a full-time job.

**Type of Care:** Residential and outpatient

**Forms of Payment Accepted:** Weekly housing fees may apply; call for more information.

### **Oxford House: (800) 689-6411**

2000+ locations locally and nationally

**Website:** <http://www.oxfordhouse.org/>

**Services Provided:** Peer-run recovery houses; men and women and women with children may apply to live in a completely sober house. Typically used as a transitional home after a detox or a 28-day program.

**Special Programs/Groups:** Men, women, women with children

**Type of Care:** Residential

**Forms of Payment Accepted:** Private pay - depends on number of residents in each household but monthly payments are often around \$600/month.

### **Serenity House: (970) 667-4272**

217 West 4<sup>th</sup> Street, Loveland, CO 80537

**Website:** <http://serenity-houses.org/>

**Services provided:** Sober living houses

**Type of Care:** Residential (3-month minimum)

**Forms of Payment Accepted:** Private pay

### **Step Denver: (303) 295-7837 (men only)**

2029 Larimer Street, Denver, CO 80205

**Website:** <http://www.stepdenver.org/>

**Services Provided:** Housing/sober living, education, counseling, and career development

**Forms of Payment Accepted:** No initial cost but residents work towards private pay (\$10/day, \$60/week, \$190/month) to align with Step Denver's goal of making residents accountable for their living costs.

## **Aftercare/Support/12-Step Alternatives**

### **Life Ring Secular Recovery: (800) 811-4142**

**Website:** <https://lifering.org/>

**Types of Services:** In-person meetings are located all over the Denver Metro area. Visit their website for a meeting locator. Online meetings and chatrooms are also available.

### **Moderation Management**

**Website:** <http://moderation.org/>

**Services provided:** Non-profit dedicated to reducing the harm caused by the abuse of alcohol.

**Types of Services:** In-person group meetings, online meetings, 24/7 chat support, community forums

**Cost:** Free

### **Phoenix Multisport: (720) 440-9175**

2233 Champa St., Denver, CO 80205

**Website:** <http://www.phoenixmultisport.org/>

**Services Provided:** Phoenix Multisport fosters a supportive, physically active community for individuals who are recovering from alcohol and substance abuse, and those who choose to live a sober life.

Through such pursuits as climbing, hiking, running, swimming, road and mountain biking, and other activities, they seek to help members develop and maintain the emotional strength they need to stay sober.

### **SMART Recovery: (866) 951-5357**

**Website:** [www.smartrecovery.org](http://www.smartrecovery.org)

**Services Provided:** Secular/non-12 step alternative resource for alcohol, marijuana, prescription drug, heroin and tobacco support

**Types of Services:** In-person group meetings, online meetings, 24/7 chat support, community forums

**Cost:** Free

**To find a therapist, search the internet using the following:**

- <https://www.psychologytoday.com/>
- <https://www.colorado.gov/ladders>
- <http://www.alcoholscreening.org/Get-Help.aspx>
- <https://alcoholtreatment.niaaa.nih.gov/>
- [http://moderation.org/therapists/therapist\\_finder.html](http://moderation.org/therapists/therapist_finder.html)

**For a list of DUI and substance abuse treatment providers throughout Colorado, visit the following website:**

- <http://www.alcoholscreening.org/Get-Help.aspx>

## **Youth Programs**

### **Denver Area Youth Services (DAYS): (303) 698-2300**

1530 West 13<sup>th</sup> Ave, Denver, CO, 80204

**Website:** <http://www.denveryouthservices.org/>

**Services Provided:** DAYS provides a myriad of human services to children, youth, and families in the Denver area. The program serves children and youth in the child welfare system and juvenile justice system, youth in need of substance abuse treatment and support with gang disengagement, young mothers and fathers and youth and guardians seeking to strengthen family relationships. Prevention programs, treatment programs, foster care programs, as well as transitional services are provided to support youth and families.

### **Denver Family Therapy Center: 303-456-0600 x 120**

4891 Independence St., Ste 165, Wheat Ridge, CO 80033

**Website:** <http://www.denverfamilytherapycenter.com/>

**Services Provided:** Specialized support, treatment, and intervention services that have been proven to promote child safety and effective parenting, and to stabilize adolescents in family care and other environments of long term support.

**Types of Care:** Drug and alcohol assessments, outpatient treatment, group and individual therapy, family therapy

**Forms of Payment Accepted:** Most insurances accepted, including Colorado Access Medicaid

### **Savio House: (303) 225-4100 x 303**

325 King Street, Denver, CO 80219

**Website:** <http://www.saviohouse.org>

**Services Provided:** Specialized support, treatment, and intervention services that have been proven to promote child safety and effective parenting, and to stabilize adolescents in family care and other environments of long term support.

**Types of Care:** Inpatient, outpatient, day treatment, group, family, and individual therapy

### **Sandstone Care Addiction and Treatment Center: (202) 816-7435**

**\*For young adults (18-30) and teens (13-18)**

**Available 7 days/week**

**Website:** <https://www.sandstonecare.com>

**Services Provided:** Day treatment, intensive outpatient, and outpatient treatment; several sober living locations.

**Types of Care:** Individual and family therapy, mindfulness training, Brain & Body Trauma assessment, Somatic Symptom assessment, weekly recreation, nutrition planning

**Forms of Payment Accepted:** No Medicare/Medicaid. Most private insurances accepted.

#### **Denver Location:**

2100 S. Cherry St. #204

Denver, CO 80222

#### **Boulder Location:**

350 Interlocken Blvd. #100

Broomfield, CO 80021