

There Are Three Places Where You Can Get Peer Support



- Your local Phoenix SOAR Hospital
- Your Local Foundation or Nonprofit
- Through the Phoenix Society for Burn Survivors



“Peer support is where burn survivors from all walks of life intersect to **support each other in a genuine act of community solidarity**. It is an act of courage, generosity, and dedication on both sides. In order to support a fellow burn survivor's healing, a peer supporter must first recognize and get in touch with their own trauma and pain.

It is only through engaging in their own healing that they can hold space and listen with an open heart, vulnerability, and empathy. From that perspective, a **peer supporter can help another burn survivor travel the often-difficult journey towards their own healing and reclaiming their lives.**”

- *Liliana Palacios (pictured right)*
Burn Survivor, Phoenix SOAR Peer Supporter & Trainer, and Phoenix Society's Community Resource Coordinator



How to Participate in Peer Support

- Scan the QR below to sign up for Peer Support through Phoenix Society for Burn Survivors.
- Talk to your local burn center or survivor nonprofit agency about Phoenix Peer Support.

Scan for Peer Support

