

FALLS CLINIC

Location

Geriatrics Outpatient Clinic –
Mount Sinai Morningside
1111 Amsterdam Avenue, Babcock 10 West

Time

Every 1st and 3rd Wednesday morning of the month

Team

Attending Physician: Dr. Maria Ramos Mendez
Medical Assistants: Romelin Bonilla, Jennifer Tapia & Marieliz Lange MOS
Registered Nurse: Renee Slon
Social Worker: Tova Rothschild

Inclusion Criteria

- Persons age 65 and older with reported 2 or more falls in the past 12 months OR a single fall with injury requiring treatment
- Living independently or in an assisted living facility independently

Exclusion Criteria

- Living in a nursing home
- Acute injury requiring long term rehabilitation such as stroke, hip fracture
- MMSE/MOCA < 24

Referrals

- Secure Chat Renee Slon or email renee.slon@mountsinai.org
- MOSs will schedule and call the patient
- RN will call and educate the patient about the appointment

Visit

- Patient will be thoroughly evaluated only for falls
- Every patient will be entered into a database and will get a follow up call from the nurse 6 weeks after the appointment to ensure that all recommendations have occurred – e.g. PT, DME, other specialist appointments, medication changes, resources.
- Will have a close follow up in falls clinic to close the loop 3 months later.