# Supporting Family Members of Trauma Survivors through the TSN

#### **Presented By:**

#### **Katherine Joseph**

**National TSN Coordinator** 

**American Trauma Society** 

#### **Lara Peck**

Injury Prevention and TSN Coordinator Prisma Health Midlands

#### **Debbie Taylor**

Mother of Trauma Survivor





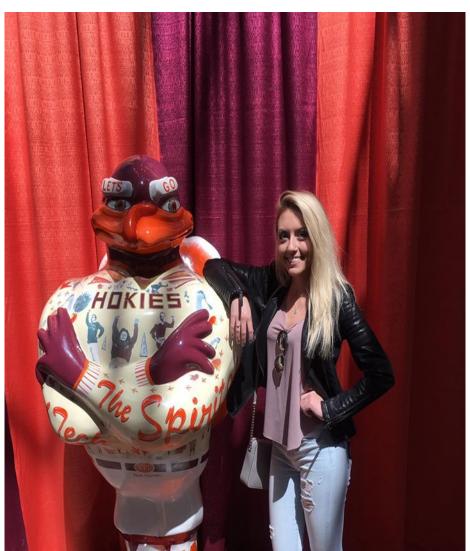
# Webinar Agenda

- The Family Members Perspective on Trauma and Recovery
- Supporting Families during the Trauma Stay
- Connecting with Families after discharge



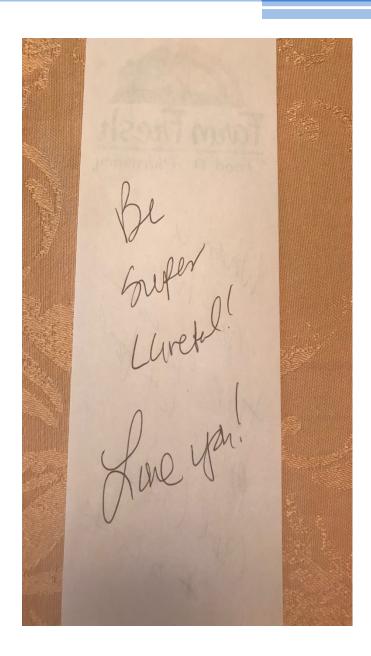
THE THINGS YOU TAKE FOR GRANTED, SOMEONE ELSE IS PRAYING FOR.







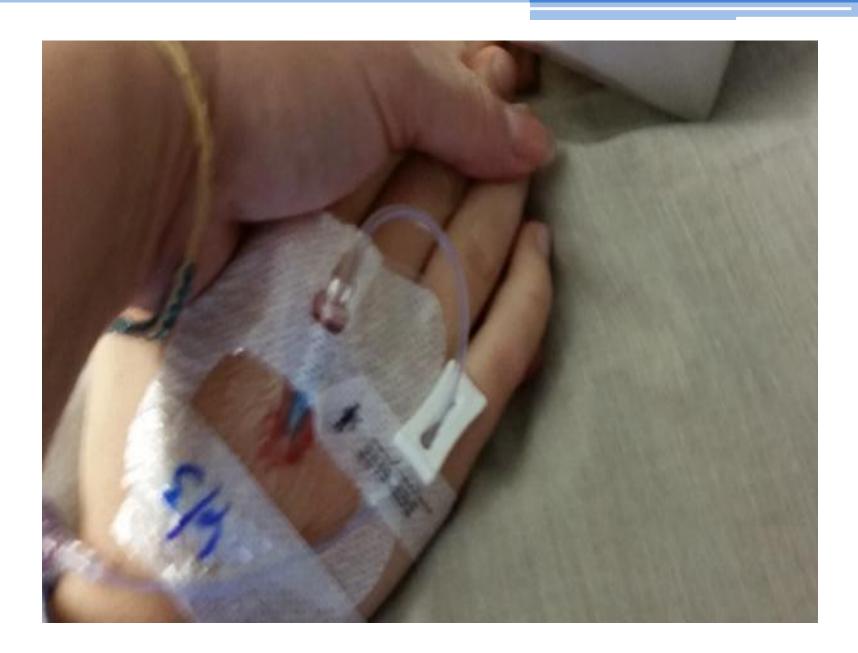






Her text was:
Me and the
baconator.
Unfortunately, I
cut him open
and tore out his
intestines.

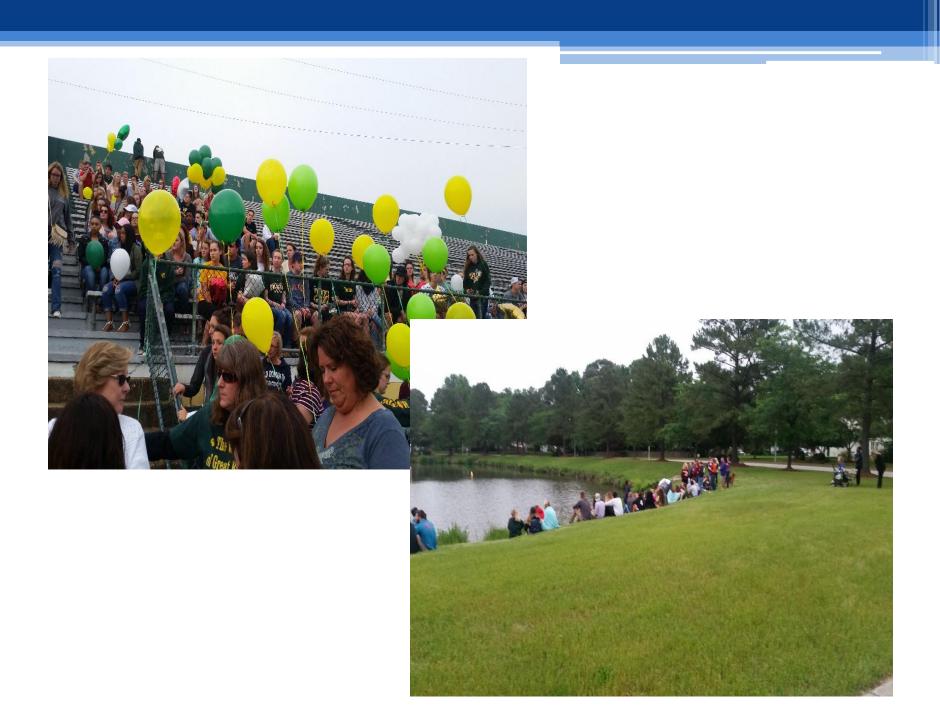
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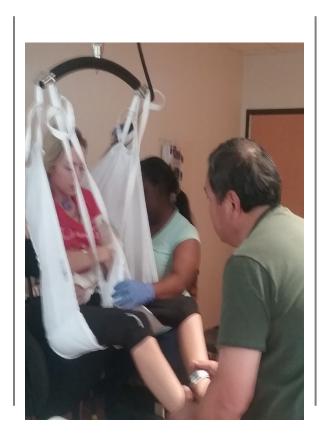


















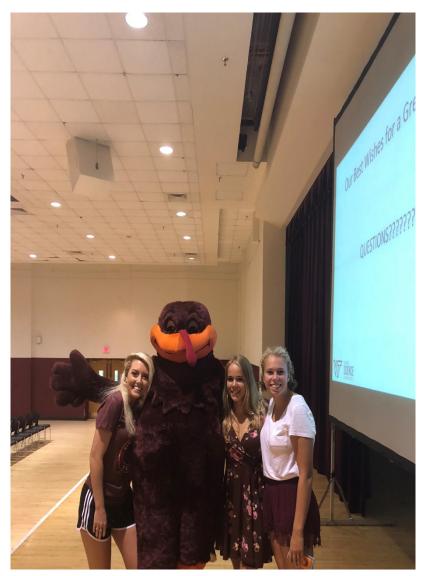


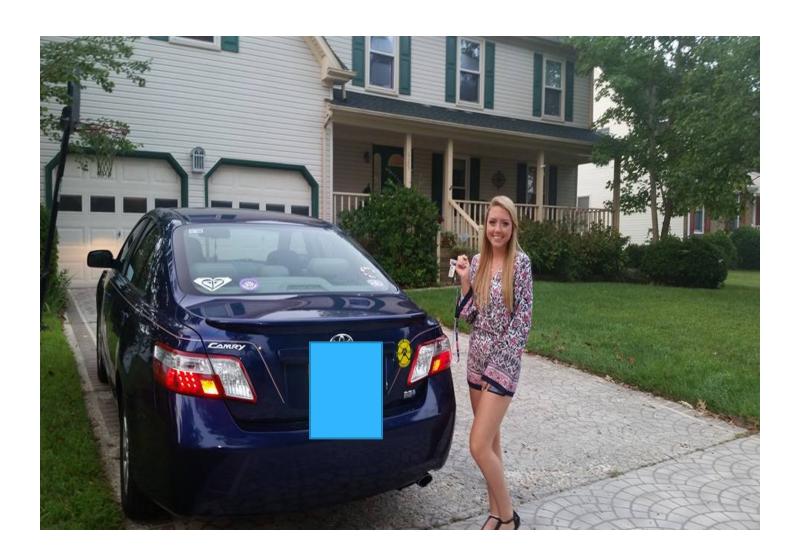














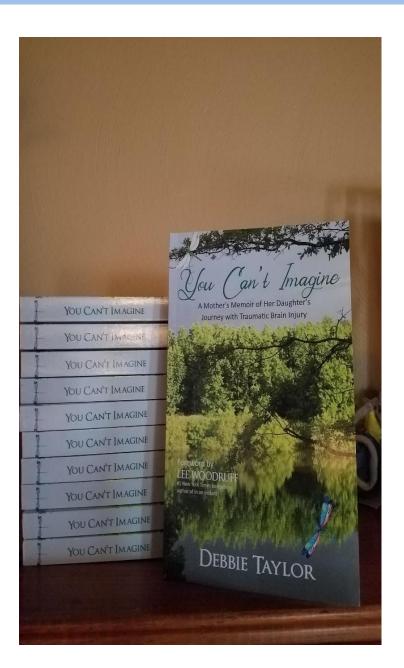






April 2017

September 2018



284 Debbie Taylor



How Debbie wishes she didn't have this story to tell. Debbie lives in Virginia with her amazing husband, Ray. Debbie is an award-winning salesperson and since May 2017 has become an advocate for anyone suffering a brain injury. Through her writing and speaking, she hopes to help bring awareness to the challenges of traumatic brain injury and caregiving.

Her most important jobs are being a mom to her children and Yaya to her two beautiful grandchildren.

Email Debbie at: debbie@youcantimaginebook.com Follow her on her website: youcantimaginebook.com

- Prisma Health Richland Hospital Level I Trauma Center in Columbia, SC
- Started Comfort and Connect in January 2020
- Support and resources for families of trauma patients
- Connection with: TSN team, other trauma survivors and families, or other staff (Chaplains, Child Life, Pet Therapy, etc.)



#### Comfort and Connect is:

- Every Tuesday at 2pm-3pm
- Set up in the lobby of the Trauma Floor
- Then walk cart through STICU lobby



We let families know about C&C with:

- Flyers on trauma floors
- Bulletin Board on trauma floor
- Email reminders to nurse managers on Mondays
- Announce arrival to team members at nurse's station
- Coming soon! Trauma Patient and Family Handbook

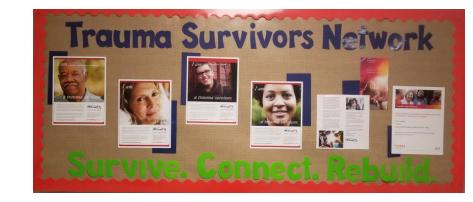


Brought to you by Prisma Health Richland Trauma Center's

Prisma Health Richland Hospital, 7th Floor Lobby



Prismalkalth.org



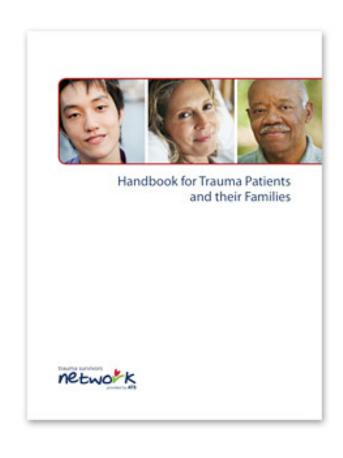
- Notepads
- Pens
- Crosswords, Word Finds, Sudoku
- Shampoo & Conditioner
- Lotion
- Toothbrush & Toothpaste
- Comb
- Lip balm
- Tissues
- Ear Plugs
- Fruit & Snacks (chips, crackers, cookies)
  - include healthy options
- Water, Sodas
- Education and Resources







## Resources for Families





# Supporting Families After Discharge

- Discharge Calls
  - Resources
  - Groups and Programs
- Support Groups
- Peer Visitation

# Wisdom to Impart

- Asking and Accepting Help
- Being an advocate!
- Taking notes and writing down questions for care team
- Finding an efficient and manageable system to share updates and information with family and friends
- "This is a marathon, not a race."



## **Contact Information**

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