

# JOIN US FOR SNACKS, REFRESHMENTS AND



## TRAUMA TALK WITH OUR TRAUMA PEER VISITORS

### Who Are Trauma Peer Visitors?

- Peer visitors are former patients and their family members from our Trauma Center
- Our trained visitors are here to answer your questions and address your concerns from the view point of someone who has *“been there”*

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### Benefits of talking with a peer visitor include:

- Getting answers to your questions from the perspective of someone who has lived through a similar experience
- Learning practical tips about recovery and how to move forward
- Receiving encouragement and support
- Feeling less anxious and alone

**DATE:**  
**Tuesday,**  
**February 18,**  
**2020**

**TIME:**  
**6 p.m. to 7 p.m.**

**LOCATION:**  
**Leon S. Peters**  
**Rehab Day Room**  
**6<sup>th</sup> floor**



**COMMUNITY**  
**REGIONAL**  
**MEDICAL CENTER**

**Trauma Faculty and Staff are welcomed and encouraged to attend!**