

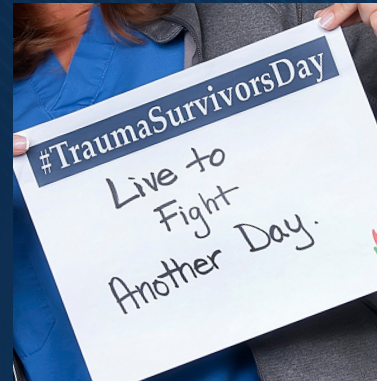


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Advancing Health. Transforming Lives.

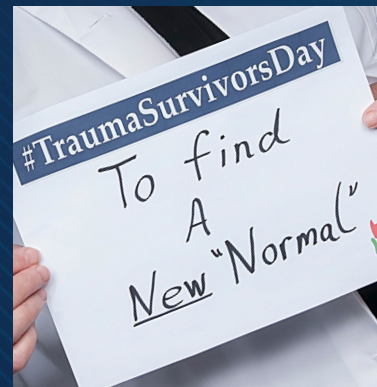
trauma survivors
network
provided by **ATS**

www.readinghealth.org



SURVIVE.

CONNECT.



REBUILD.



TRAUMA CENTER
READING HOSPITAL

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<https://www.readinghealth.org/services/trauma/>



Trauma Survivor, Cody Betchel (far right), pictured with wife, Tiffany, and daughter, Kinsley.

Trauma Survivors Network (TSN)

The TSN is a community of patients and families looking to connect with one another after a serious traumatic injury. Joining this community can help ease the anxiety and frustration often experienced following a sudden injury and the resulting hospitalization by connecting you with other trauma survivors and families who face the same unique challenges.

Reading Hospital Trauma Center, in partnership with the American Trauma Society (ATS), is committed to supporting and growing the TSN by providing the tools trauma patients and families need to navigate the road to recovery in an effort to help improve and rebuild their lives. We encourage you to explore our website to learn more about free programs, services and resources Reading Hospital TSN has to offer. Becoming part of the TSN is easy to do, just visit the TSN website at www.traumasurvivorsnetwork.org.

Once you join the TSN, you have access to the following benefits:

- An online community where trauma survivors and their families share experiences and information, as well as provide support and hope to one another
- The Traumapedia, an online resource for information to learn from leading experts in trauma care and rehabilitation
- A link to CarePages, an easy-to-use resource to update others about the injury, treatment and progress of a loved one
- Information about local support groups and resources to aid in recovery
- Access to the TSN NextSteps online self-management program and recovery assessment tools

By learning more and connecting with others, you can make a difference in how you feel, better manage your life after injury and recognize that you are not alone! **Becoming a member of the TSN is FREE. Please visit www.traumasurvivorsnetwork.org to join now.**

